

# Journey AwanaGames Team

## ASSIGNMENT WORK SHEET

Year \_\_\_\_\_

### 1. Basketball Relay (10 players, 3 heats)

Girls	Guys	Team
_____	_____	/
_____	_____	/
_____	_____	/
_____	_____	/

### 2. Sprint Relay (2 girls, 2 guys) – 2 laps each **(COUNT LAPS FOR YOUR RUNNERS)**

1. Guy _____	3. Guy _____
2. Girl _____	4. Girl _____

### 3. 3-Legged Race (TAG RULE) – 2 laps each **(COUNT LAPS FOR YOUR RUNNERS)**

Girls	Guys
_____	_____
_____	_____

### 4. Three-Way Tug

Girls	Guys
_____	_____
_____	_____
_____	_____

### 5. Bean Bag Bonanza 2 heats

Girls	Guys
_____	_____
_____	_____
_____	_____
_____	_____

### 6. Sprint Race (TAG RULE) ---- 3 Laps each **(COUNT LAPS FOR YOUR RUNNERS)**

Girl _____	Guy _____
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### 7. Marathon Race (TAG Rule) --- 8 Laps each **(COUNT LAPS FOR YOUR RUNNERS)**

Girl _____	Guy _____
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### 8. Agility Race (one lap each)

1. Girl _____	3. Guy _____
2. Girl _____	4. Guy _____

### 9. Marathon Medley (2 girls, 2 guys) **(COUNT LAPS FOR YOUR RUNNERS)**

1. Girl _____ (1 Lap)	3. Girl _____ (3 Laps)
2. Guy _____ (2 Laps)	4. Guy _____ (4 Laps)

### 10. Balloon Relay – 2 heats of 5 players

Girls	Guys
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____